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Constraining non-thermal Dark Matter
by CMB

(arXiv:1808.02659)

with Rouzbeh Allahverdi and Anshuman Maharana

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Indian Institute of Technology, Bombay

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Key Points (arXiv:1808.02659)

- ❖ Early matter domination (EMD) is observationally allowed
- ❖ Dark matter (DM) can be produced non-thermally
- ❖ Correct DM abundance puts a lower bound on the duration of EMD
- ❖ Inflationary scalar spectral index puts an upper bound on the duration of EMD
- ❖ A large class of inflation models ($r < 0.01$) are not compatible** with EMD



Plan

- ❖ Key points of Inflation, and DM production
- ❖ EMD history of the Universe
- ❖ DM production during EMD
- ❖ Relating to inflationary observables
- ❖ Constraints on models

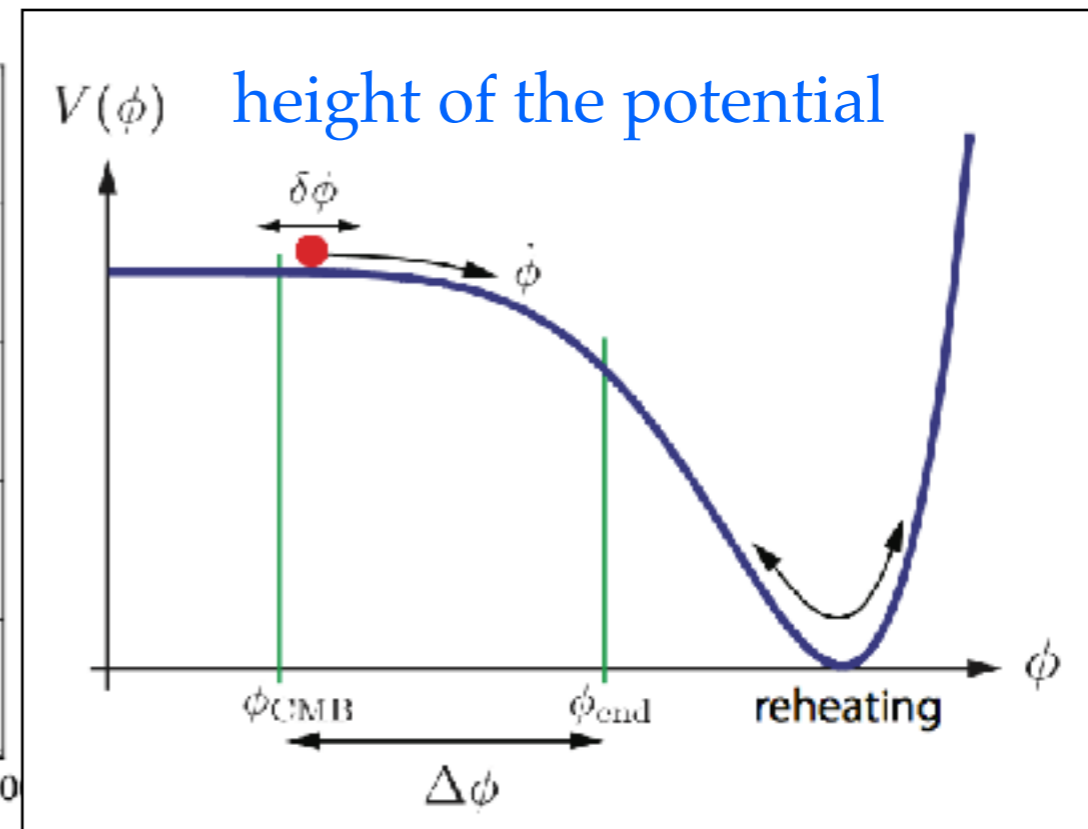
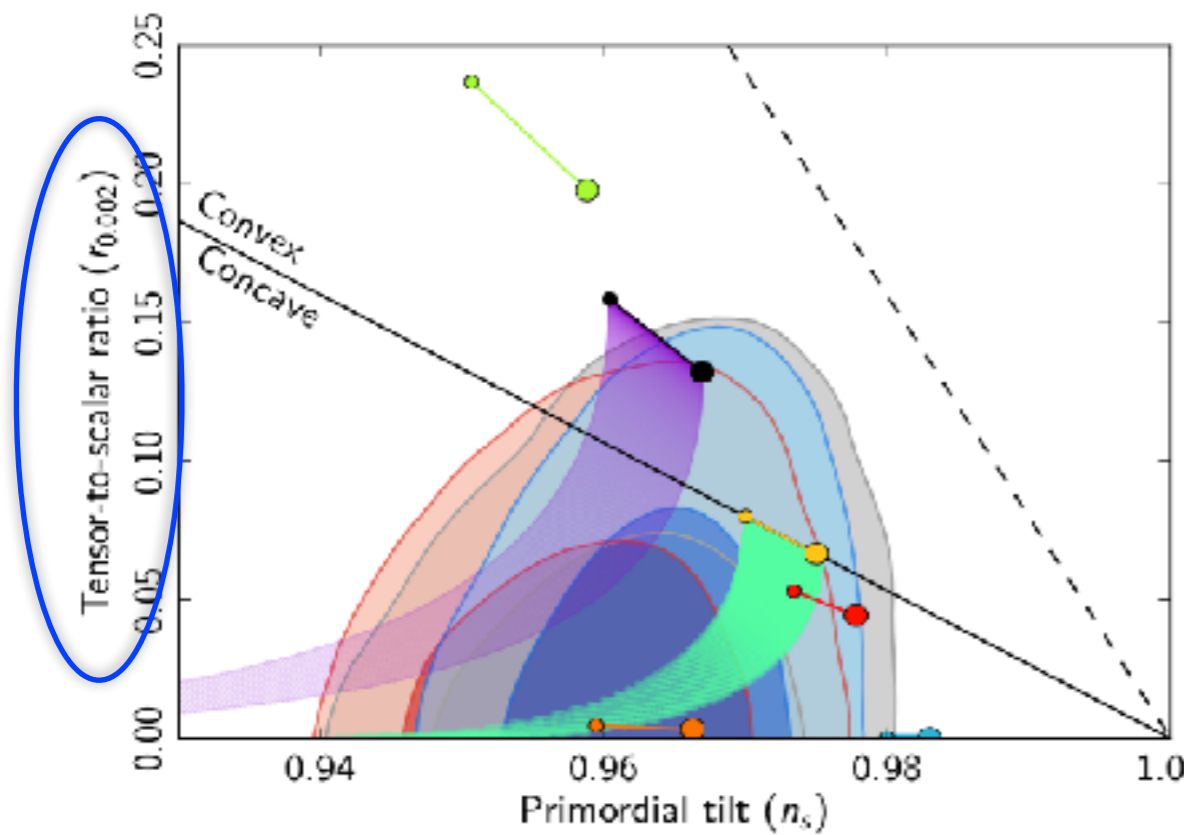
From data ONLY

- ❖ At the time of BBN, the Universe was radiation dominated
- ❖ The existence of primordial spectrum

$$\Delta_{\mathcal{R}}^2(k) = A_s (k/k_*)^{n_s - 1}$$

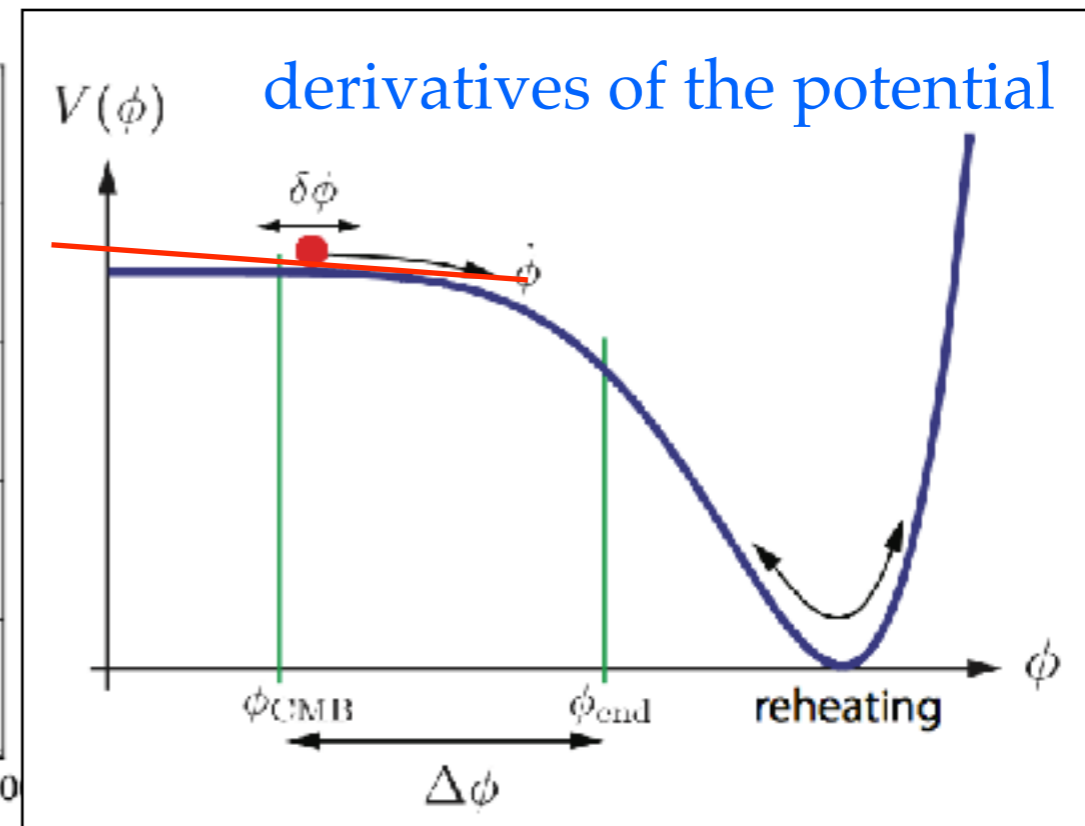
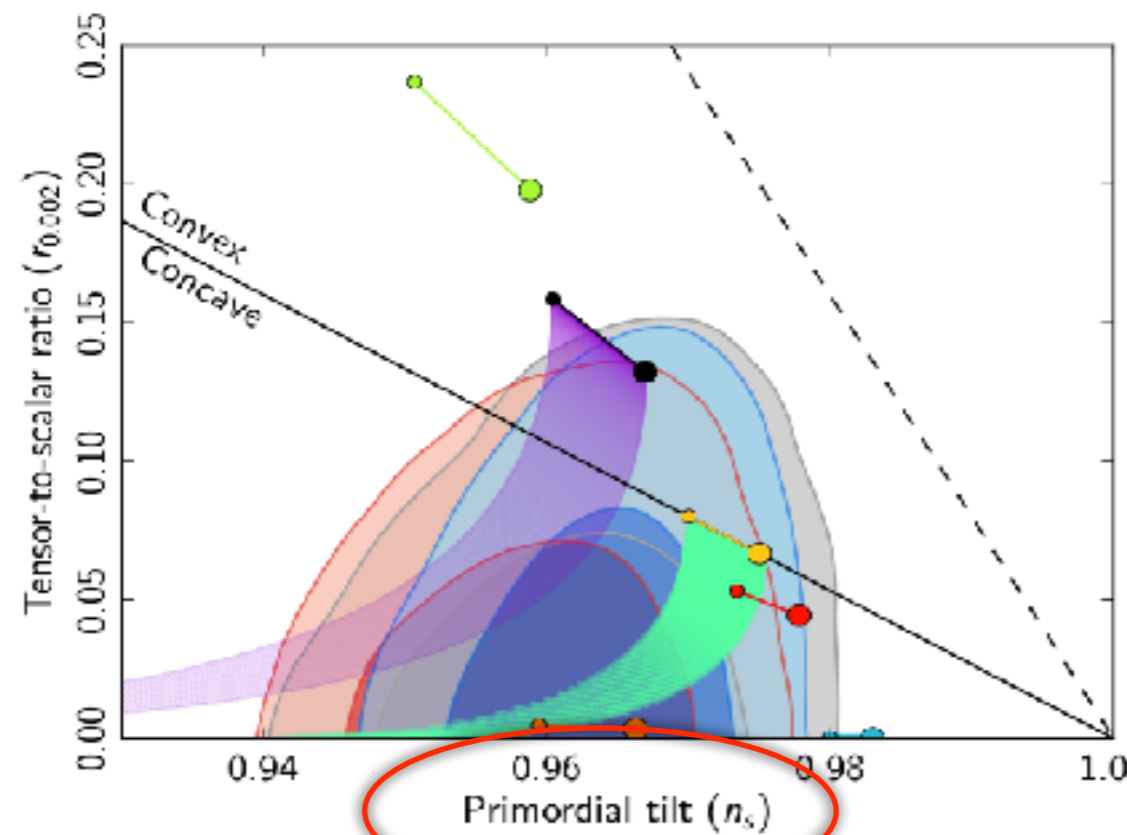
- ❖ Coherent super-Hubble perturbations (.. due to inflation)
- ❖ Dark matter .. gravitational collapse

Inflation Observables



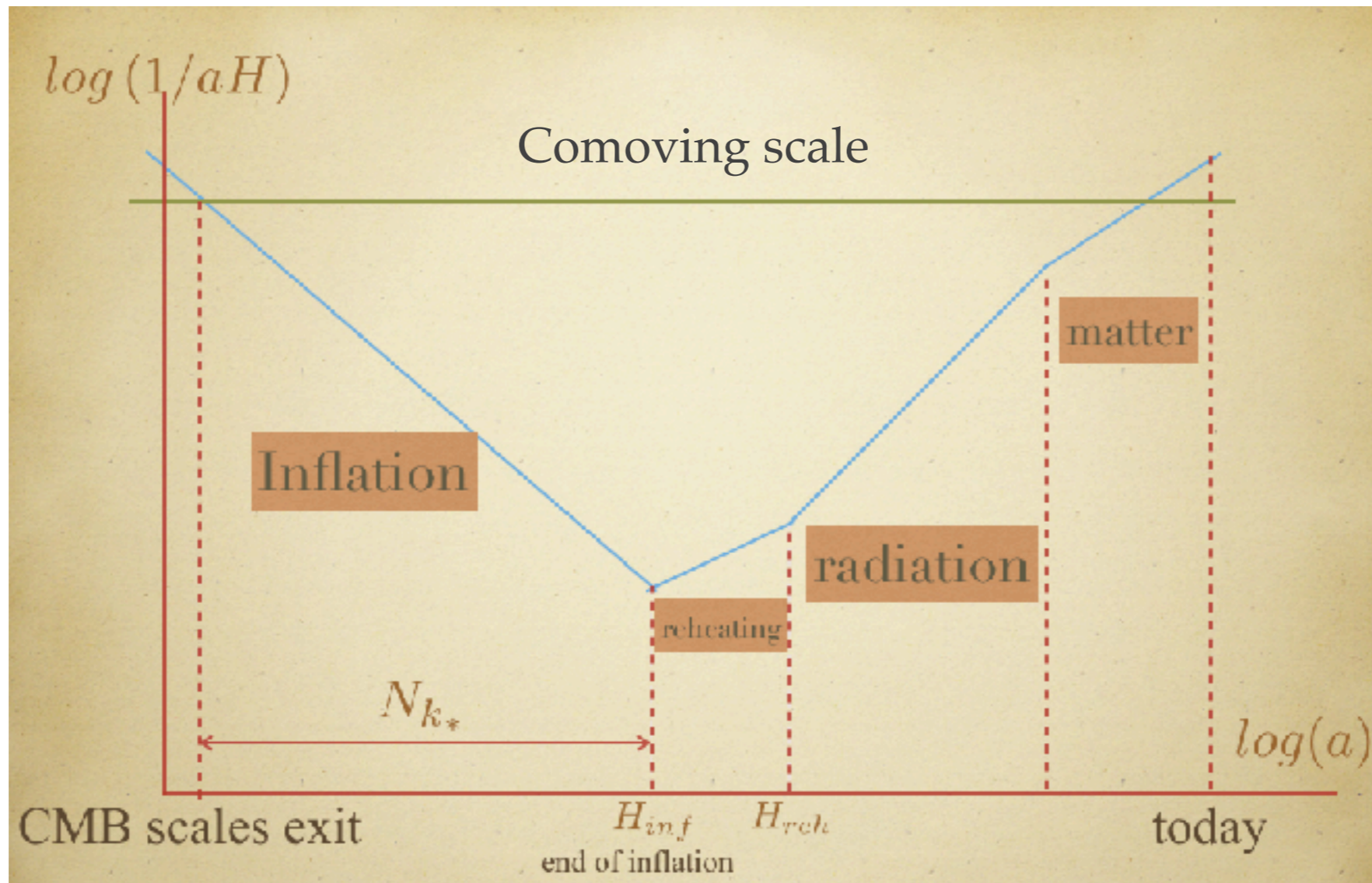
$$V^{1/4} \sim \left(\frac{r}{0.01} \right)^{1/4} 10^{16} \text{ GeV}$$

Inflation Observables

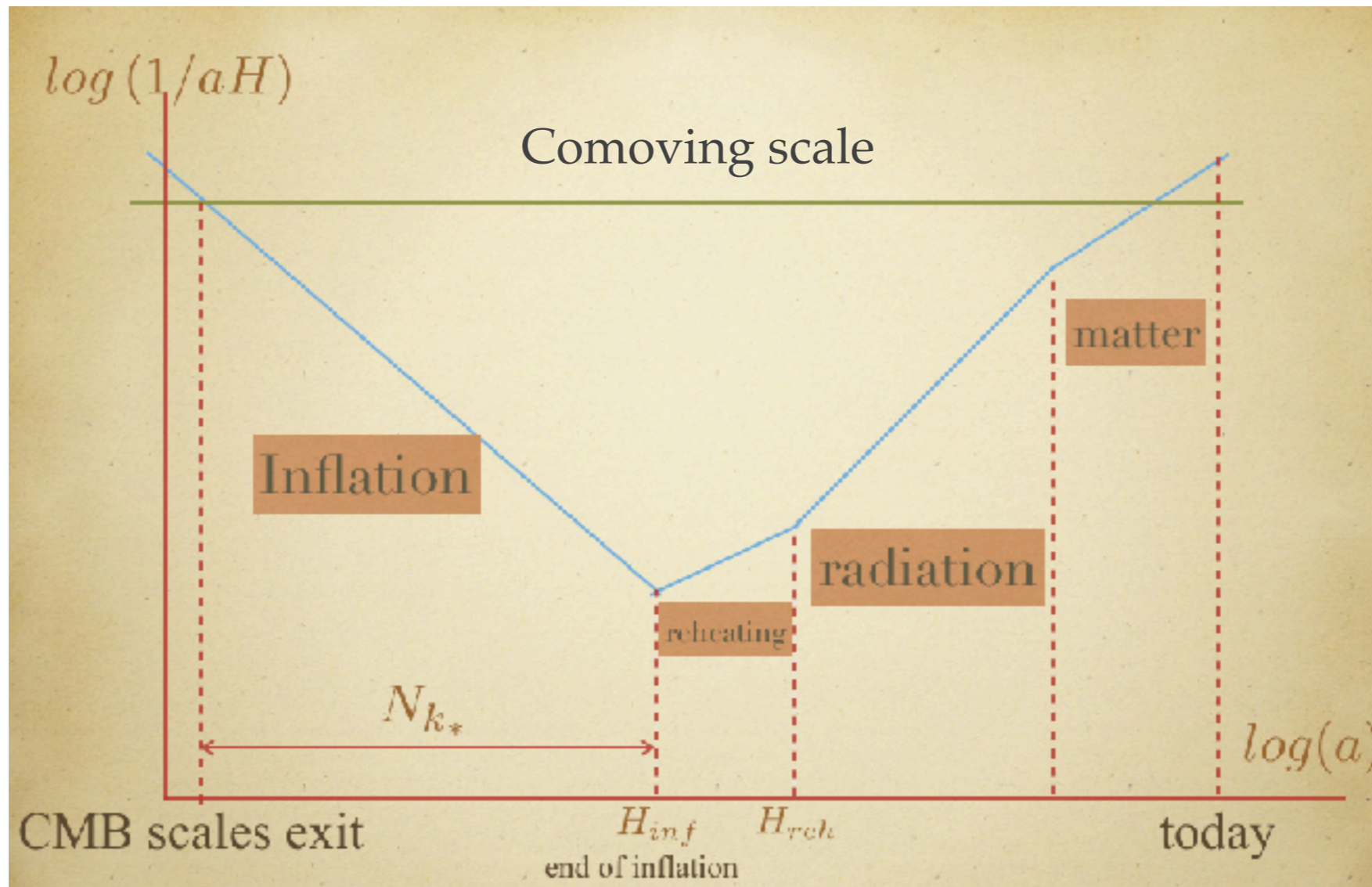


$$n_s = 1 - 6\epsilon + 2\eta$$

Thermal History



Thermal History



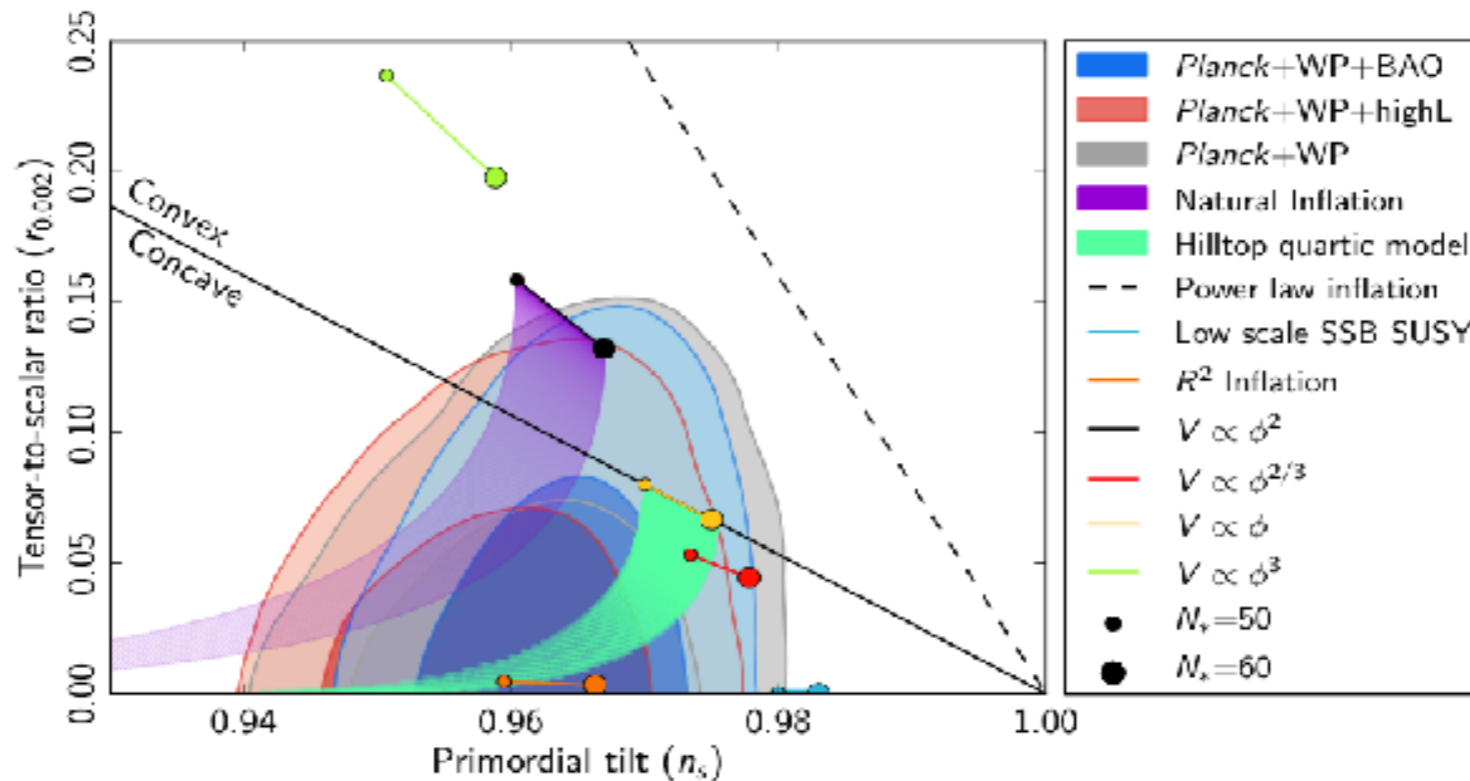
$$N_{k_*} \sim 57.3 + \frac{1}{4} \ln(r) - \Delta N_{reh}$$

$$\Delta N_{reh} \equiv \frac{1 - 3w_{reh}}{6(1 + w_{reh})} \log \left(\frac{H_{inf}}{H_{reh}} \right)$$

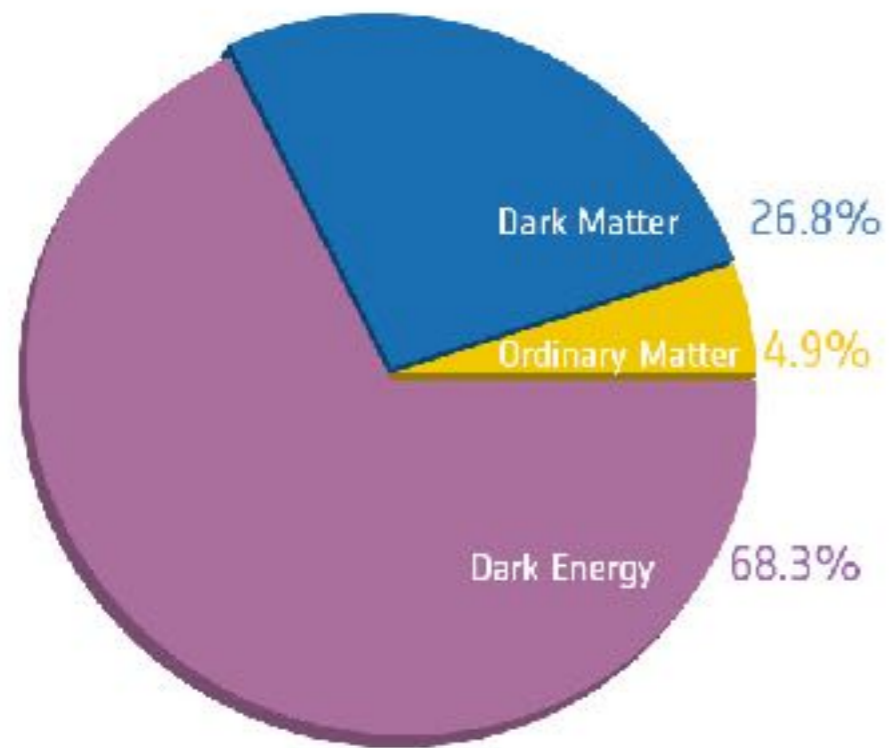
Making Predictions

- ❖ Compute observables in terms of N_{k_*} and see whether it fits for $N_{k_*} = 50$ and 60 ('theoretical prior')

$$V(\chi) = \frac{1}{2}m^2\chi^2 \quad n_s - 1 = -\frac{2}{N_{k_*}} \quad r = 8/N_{k_*}$$

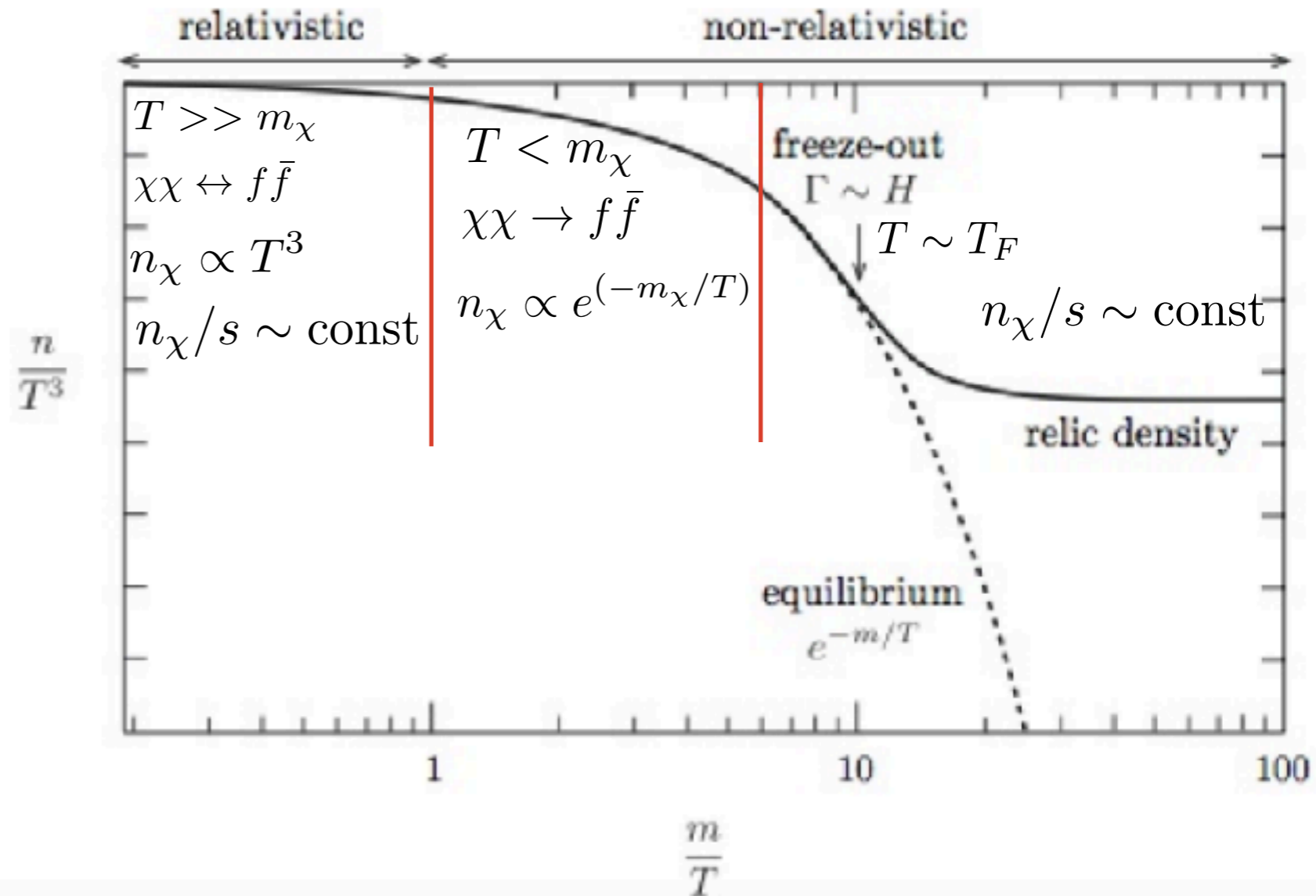
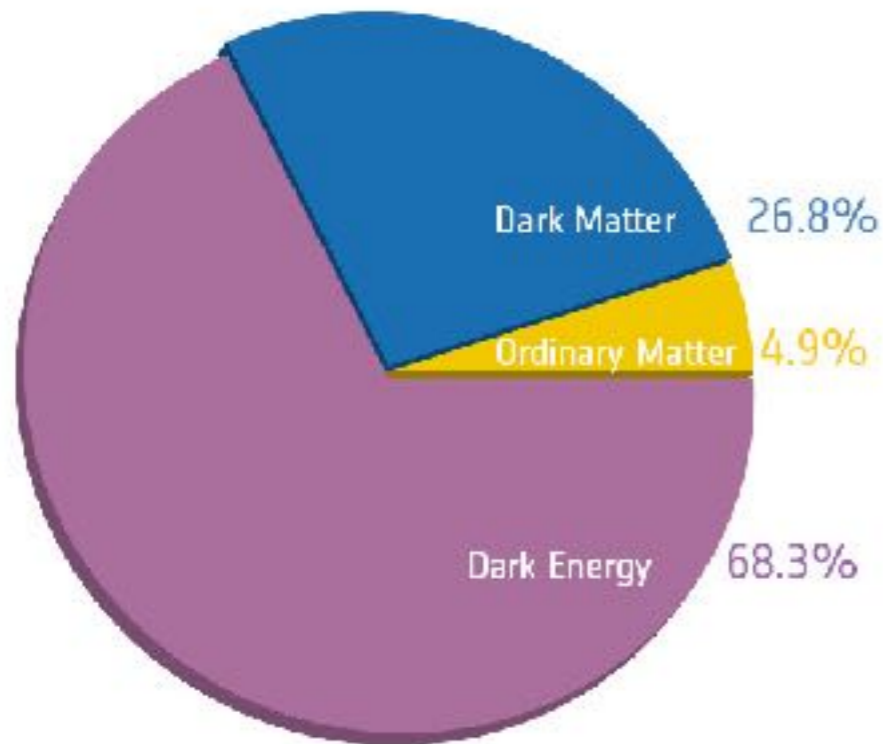


Dark Matter Production



Dark Matter Production

Thermal Freeze-Out



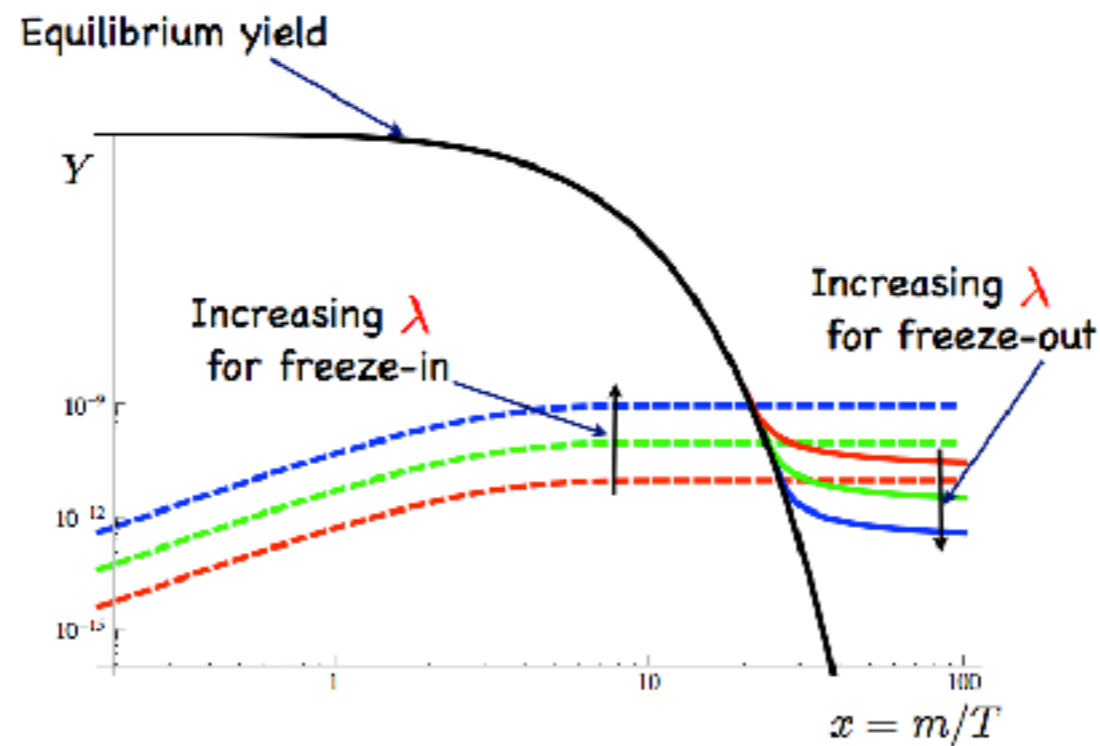
$$\Gamma = n_{DM} \langle \sigma v \rangle < H$$

$$\Omega_{DM} h^2 \sim 0.1 \frac{3 \times 10^{-26} \text{ cm}^3 \text{ s}^{-1}}{\langle \sigma v \rangle} \quad T_f = m_\chi / 20$$

WIMP miracle

Dark Matter Production

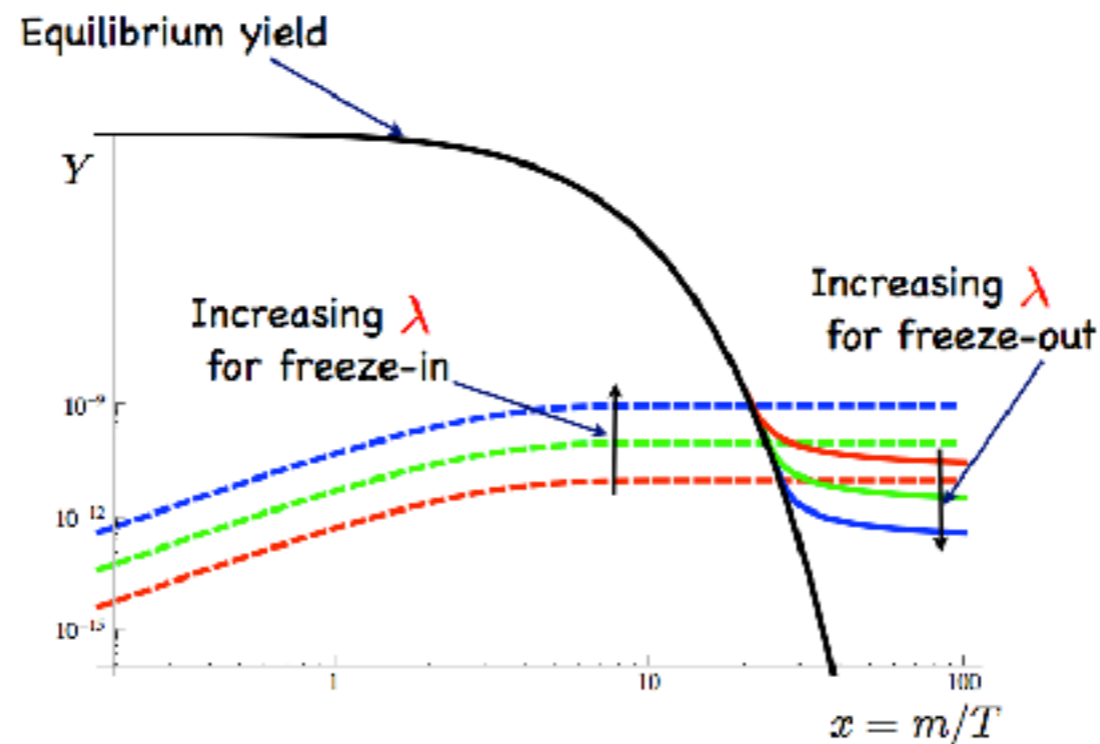
Thermal Freeze-In: DM particles never in thermal equilibrium



Produced from
annihilation of
SM particles

Dark Matter Production

Thermal Freeze-In: DM particles never in thermal equilibrium



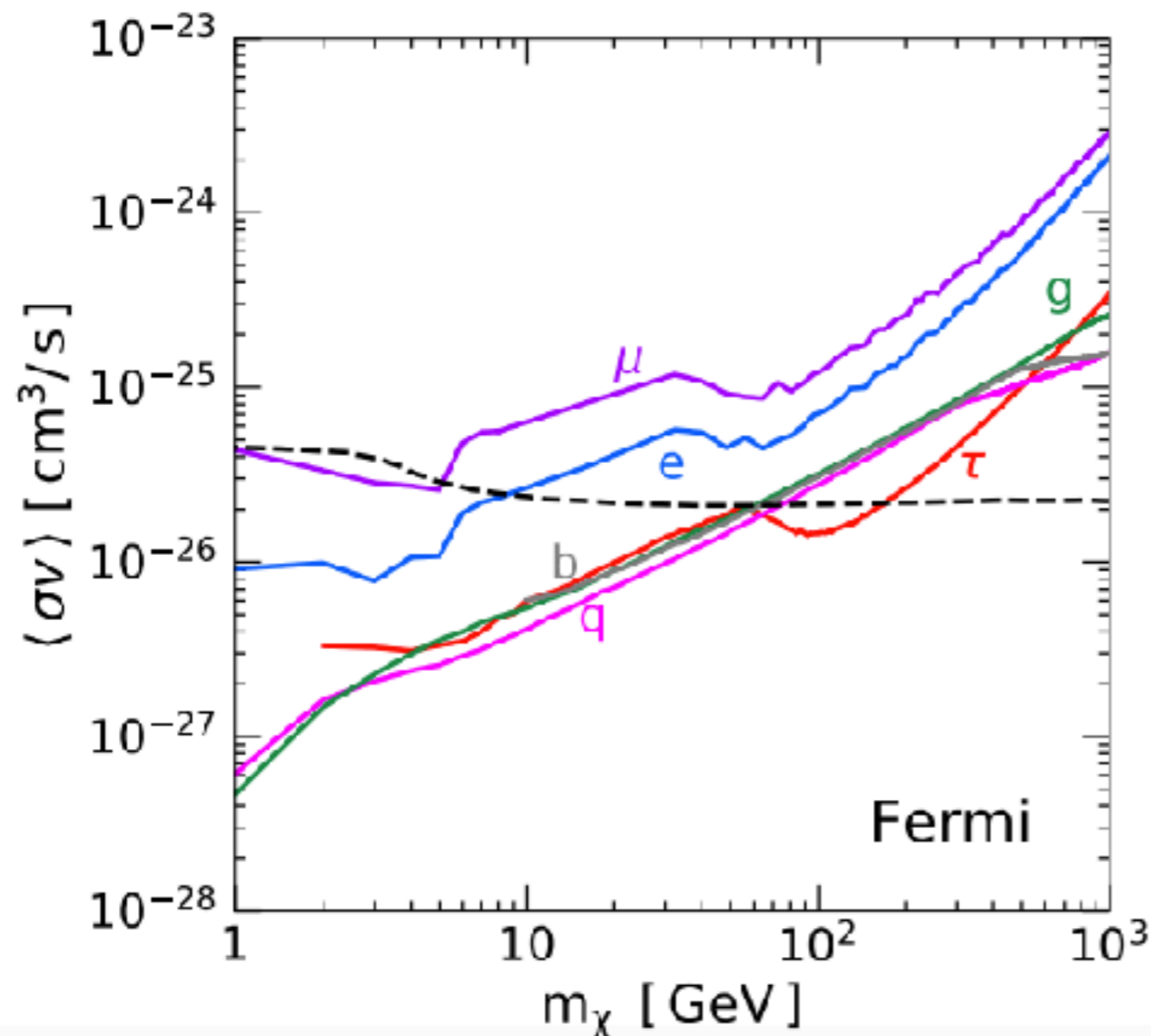
Produced from annihilation of SM particles

Decays: DM is produced from decay of parent particle, and remains non-thermal

$$\left(\frac{n_\chi}{s}\right)_{dec} = \frac{3T_R}{4m_\phi} Br_{\phi \rightarrow \chi}$$

Indirect Observations

CMB + FERMI + AMS



'Freeze-out' in RD universe leads to overproduction of DM

Leane, Slatyer, Beacom, Ng (1805.10305)

Moduli Dynamics & EMD

- ❖ Moduli arise naturally in SUSY / String models - massive and long lived

$$\Gamma_\varphi = \frac{c}{2\pi} \frac{m_\varphi^3}{M_{Pl}^2} \quad \text{typically with } c \sim 0.1 - 1$$

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$$\mathcal{L} \supset -\frac{1}{2}m^2\varphi^2 - \frac{1}{2}H^2(\varphi - \hat{\varphi})^2 - V_{inf}(\chi) \quad m_\varphi \ll H_{inf}$$

- ❖ Displaced during inflation: $Y = \varphi_0/M_{Pl} \sim 1$ Dine, Randall, Thomas Dvali

Antusch, K.D, Halter

Cicoli, K.D, Maharana, Quevedo

- ❖ Start oscillating when $H \sim m_\varphi$

- ❖ Decay and reheats the Universe $T_R \sim \left(\frac{m_\varphi}{50 \text{ TeV}}\right)^{3/2} 3 \text{ MeV}$

- ❖ BBN requires $T_R > 3 \text{ MeV}$  $m_\varphi > 50 \text{ TeV}$ BBN bound

Non-standard Thermal History

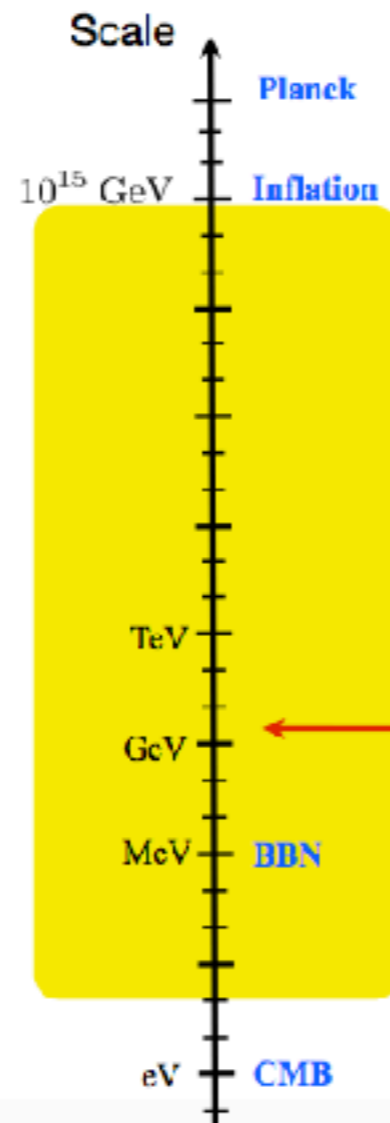
Kane, Sinha, Watson (2015)

$$m_\varphi \sim 10^3 \text{ TeV}$$

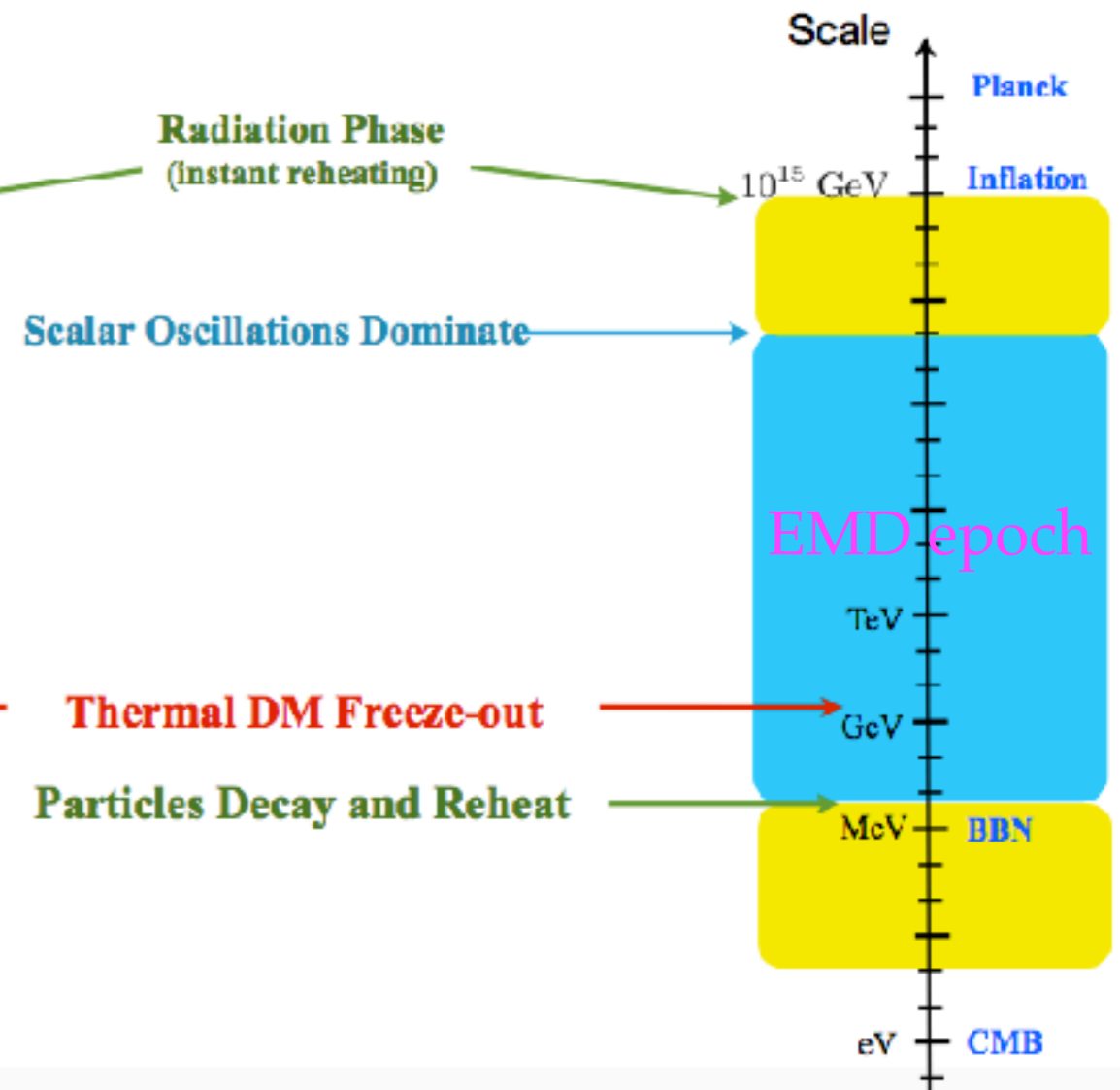


$$T_R \sim \mathcal{O}(\text{GeV})$$

Thermal History



Alternative History



Radiation Phase
(instant reheating)

Scalar Oscillations Dominate

Thermal DM Freeze-out
Particles Decay and Reheat

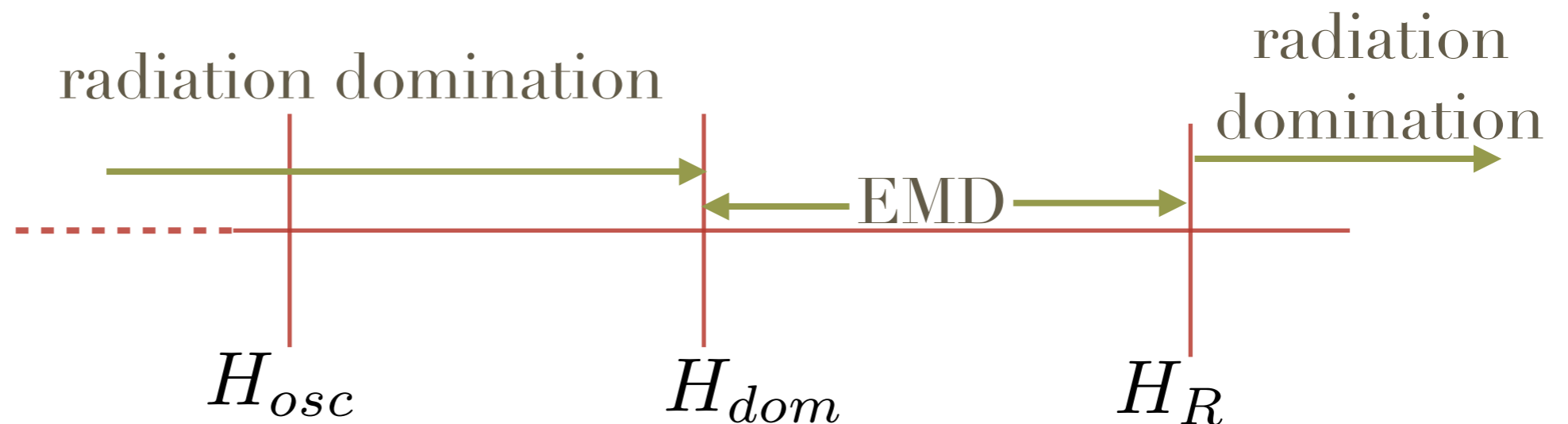
- ❖ Moduli oscillations change the thermal history of the Universe
- ❖ All preexisting DM or baryon asymmetry are washed away!

Dynamics of EMD

- ❖ The field starts to oscillate when $H \sim m_\varphi \simeq H_{osc}$
- ❖ Fractional energy density at the onset of oscillations
 $\alpha_0 \simeq (\phi_0/M_{Pl})^2 = Y^2$
- ❖ As oscillations behaves like matter

$$\alpha(t) \propto a(t) \propto H^{-1/2}$$

- ❖ EMD starts when $\alpha(t) \simeq 1$ $H_{dom} \simeq \alpha_0^2 m_\varphi$



Decay during EMD

❖ Decay of oscillations happens when $H \simeq \Gamma_\varphi = H_R$

❖ After thermalisation RD universe $T_R \simeq \left(\frac{90}{\pi^2 g_{*,R}} \right)^{1/4} \sqrt{\Gamma_\varphi M_{Pl}}$

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Decay is a continuous process where subdominant radiation component grow continuously

- ❖ Instantaneous temperature of decay products
Giudice, Kolb, Riotto; Erickcek $T = \left(\frac{6\sqrt{g_{*,R}}}{5g_*}\right)^{1/4} \left(\frac{30}{\pi^2}\right)^{1/8} (HT_R^2 M_{Pl})^{1/4}$
- ❖ During EMD for $H \gg \Gamma_\varphi$, we have $T \gg T_R$

DM production from thermal processes (freeze-out/in) possible during EMD

$$m_\chi/25 \lesssim T_f \lesssim m_\chi/5$$

Freeze-out during EMD

Giudice, Kolb, Riotto; Erickcek

$$\Omega_\chi h^2 \simeq 1.6 \times 10^{-4} \frac{\sqrt{g_{*,\text{R}}}}{g_{*,\text{f}}} \left(\frac{m_\chi/T_{\text{f}}}{15} \right)^4 \left(\frac{150}{m_\chi/T_{\text{R}}} \right)^3 \times \left(\frac{3 \times 10^{-26} \text{ cm}^3 \text{ s}^{-1}}{\langle \sigma_{\text{ann}} v \rangle_{\text{f}}} \right)$$

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❖ Observational constraint (PLANCK): $\Omega_\chi h^2 < 0.120$

$$\frac{H_{\text{f}}}{H_{\text{R}}} \gtrsim 4 \times 10^{-2} (g_{*,\text{R}} g_{*,\text{f}})^{-1/3} \left(\frac{m_\chi}{T_{\text{f}}} \right)^{4/3} \times \left(\frac{3 \times 10^{-26} \text{ cm}^3 \text{ s}^{-1}}{\langle \sigma_{\text{ann}} v \rangle_{\text{f}}} \right)^{4/3}$$

❖ Using $H_{\text{dom}} > H_{\text{f}}$ and $m_\chi \gtrsim 5T_{\text{f}}$

$$\frac{H_{\text{dom}}}{H_{\text{R}}} \gtrsim 4 \times 10^{-2} (g_{*,\text{R}} g_{*,\text{f}})^{-1/3} \times \left(\frac{3 \times 10^{-26} \text{ cm}^3 \text{ s}^{-1}}{\langle \sigma_{\text{ann}} v \rangle_{\text{f}}} \right)^{4/3}$$

Freeze-in during EMD

Giudice, Kolb, Riotto; Erickcek

$$\Omega_\chi h^2 \simeq 0.062 \frac{g_{*,R}^{3/2}}{g_*^3(m_\chi/4)} \left(\frac{150}{m_\chi/T_R} \right)^5 \left(\frac{T_R}{5 \text{ GeV}} \right)^2 \times \left(\frac{\langle \sigma_{\text{ann}} v \rangle_f}{10^{-36} \text{ cm}^3 \text{ s}^{-1}} \right)$$

$$\frac{H_{\text{dom}}}{H_R} \gtrsim 4 \times 10^3 \left(g_{*,R} g_*^5(m_\chi/4) \right)^{-1/7} \times \left(\frac{\langle \sigma_{\text{ann}} v \rangle_f}{10^{-36} \text{ cm}^3 \text{ s}^{-1}} \right)^{4/7}$$

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Decay at the end of EMD

Gelmini, Gondolo;

Allahverdi, Dutta, Sinha

$$\left(\frac{n_\chi}{s} \right)_{\text{dec}} = \left(\frac{n_\chi}{s} \right)_{\text{obs}} \longrightarrow \frac{3T_R}{4m_\phi} \text{Br}_{\phi \rightarrow \chi} \simeq 5 \times 10^{-10} \left(\frac{1 \text{ GeV}}{m_\chi} \right)$$

$$H_{\text{dom}} \simeq \alpha_0^2 m_\phi$$

$$T_R < T_f < \frac{m_\chi}{5}$$

$$\frac{H_{\text{dom}}}{H_R} \gtrsim 10^{10} \left(\frac{90}{\pi^2 g_{*,R}} \right)^{1/2} \left(\frac{M_{\text{P}}}{1 \text{ GeV}} \right) \alpha_0^2 \text{Br}_{\phi \rightarrow \chi}$$

Independent from annihilation cross-section

Comments

- ❖ For smaller annihilation cross-section, we need enough dilution:
Lower bound on the duration of EMD
- ❖ This bound can be more robust if we know more about $T_R, m_\chi, \langle \sigma_{ann} v \rangle$
- ❖ Freeze-out/in bound depends mostly on DM parameters, whereas decay depends on the EMD driving scalar field
- ❖ (Decay+Freeze-out) or (Decay+ Freeze-in) must be satisfied simultaneously.
- ❖ Strongest constraint comes from decay process abundance

$$\frac{H_{\text{dom}}}{H_{\text{R}}} \gtrsim 10^{10} \left(\frac{90}{\pi^2 g_{*,\text{R}}} \right)^{1/2} \left(\frac{M_{\text{P}}}{1 \text{ GeV}} \right) \alpha_0^2 \text{Br}_{\phi \rightarrow \chi}$$

EMD and Inflation

$$N_{k_*} \sim 57.3 + \frac{1}{4} \ln(r) - \Delta N_{reh} - \Delta N_{EMD}$$

Liddle, Leach

K.D, Maharana

$$\Delta N_{reh} \equiv \frac{1 - 3w_{reh}}{6(1 + w_{reh})} \log \left(\frac{H_{inf}}{H_{reh}} \right)$$

$$\Delta N_{EMD} \equiv \frac{1}{6} \left(\frac{H_{dom}}{H_R} \right)$$

Implications for inflation models:

$$N_{inf} = \left(55 - \frac{1}{3} \ln \left(\frac{\sqrt{16\pi} M_{pl} Y^2}{m_\varphi} \right) \right) \pm 5$$

Das, K.D, Maharana

Cicoli, K.D, Maharana, Quevedo

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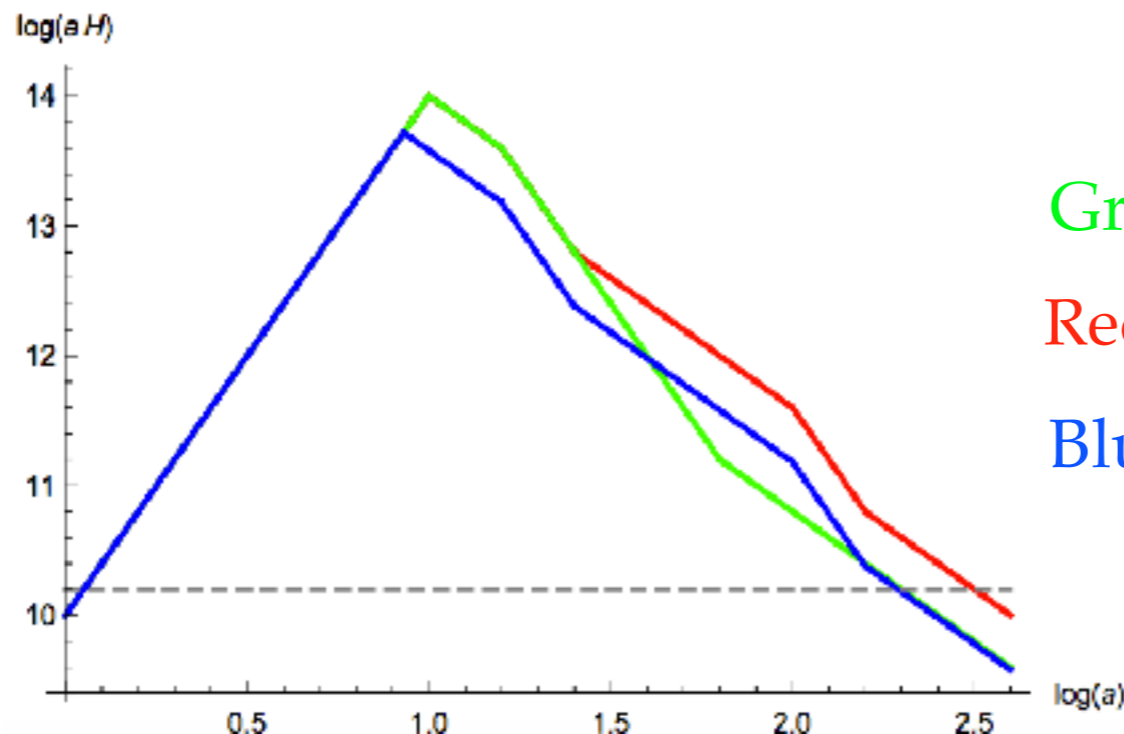
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Green: thermal history

Red: non-thermal wrong history

Blue: non-thermal correct history

Connecting to CMB

$$N_{k_*} \sim 57.3 + \frac{1}{4} \ln(r) - \Delta N_{reh} - \Delta N_{EMD} \quad \Delta N_{reh} \equiv \frac{1 - 3w_{reh}}{6(1 + w_{reh})} \log \left(\frac{H_{inf}}{H_{reh}} \right)$$

$$\Delta N_{reh} > 0$$

$$0 \leq w_{re} \leq 1/3$$

$$\Delta N_{EMD} \lesssim 57.3 - N_{k_*} + \frac{1}{4} \ln r$$

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Inflationary observables

$$n_s \simeq 1 - \frac{a}{N_{k_*}} \quad , \quad r \simeq \frac{b}{N_{k_*}^c}$$

Class I models

$$a = c \text{ and } b \sim \mathcal{O}(10)$$

Starobinsky, Higgs inflation with

$$a = 2, b \sim 12$$

$$r \lesssim \mathcal{O}(0.01)$$

Class II models

$$b = 8(a - 1) \text{ and } c = 1$$

$$V(\varphi) \propto \varphi^{2(a-1)}$$

$$r \sim \mathcal{O}(0.1)$$

Connecting to CMB

Observations: $n_s^{\min} \leq n_s \leq n_s^{\max}$

$$N_{k_*}^{\min} = \frac{a}{1 - n_s^{\min}} \quad , \quad N_{k_*}^{\max} = \frac{a}{1 - n_s^{\max}}$$

$$\Delta N_{\text{EMD}} \lesssim 57.3 - N_{k_*}^{\min} + \frac{1}{4} \ln r(N_{k_*}^{\min})$$

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Inflation Models	PLANCK18			PLANCK18 + BK14 + BAO		
	$N_{k_*}^{min}$	$r(N_{k_*}^{min})$	ΔN_{EMD}^{up}	$N_{k_*}^{min}$	$r(N_{k_*}^{min})$	ΔN_{EMD}^{up}
$V(\phi) \sim \phi^{4/3}$	39.4	0.13	17.4	41.2	0.13	15.5
$V(\phi) \sim \phi$	35.5	0.11	21.3	37.1	0.11	19.6
Starobinsky/Higgs Inflation	47.3	0.0054	8.7	49.5	0.0049	6.5
Kähler Moduli Inflation	47.3	9.46×10^{-10}	4.8	49.5	8.24×10^{-10}	2.57
Goncharov-Linde Model ($\alpha = 1/9$)	47.1	0.00059	8.1	49.3	0.00054	5.8

Bound

$$10^{10} \left(\frac{90}{\pi^2 g_{*,R}} \right)^{1/2} \left(\frac{M_{Pl}}{1\text{GeV}} \right) \alpha_0^2 Br_{\varphi \rightarrow \chi} < \left(\frac{H_{dom}}{H_R} \right) < 6(57.3 - N_{k_*}^{\min} + \frac{1}{4} \ln r(N_{k_*}^{\min}))$$

DM abundance

CMB

Bound

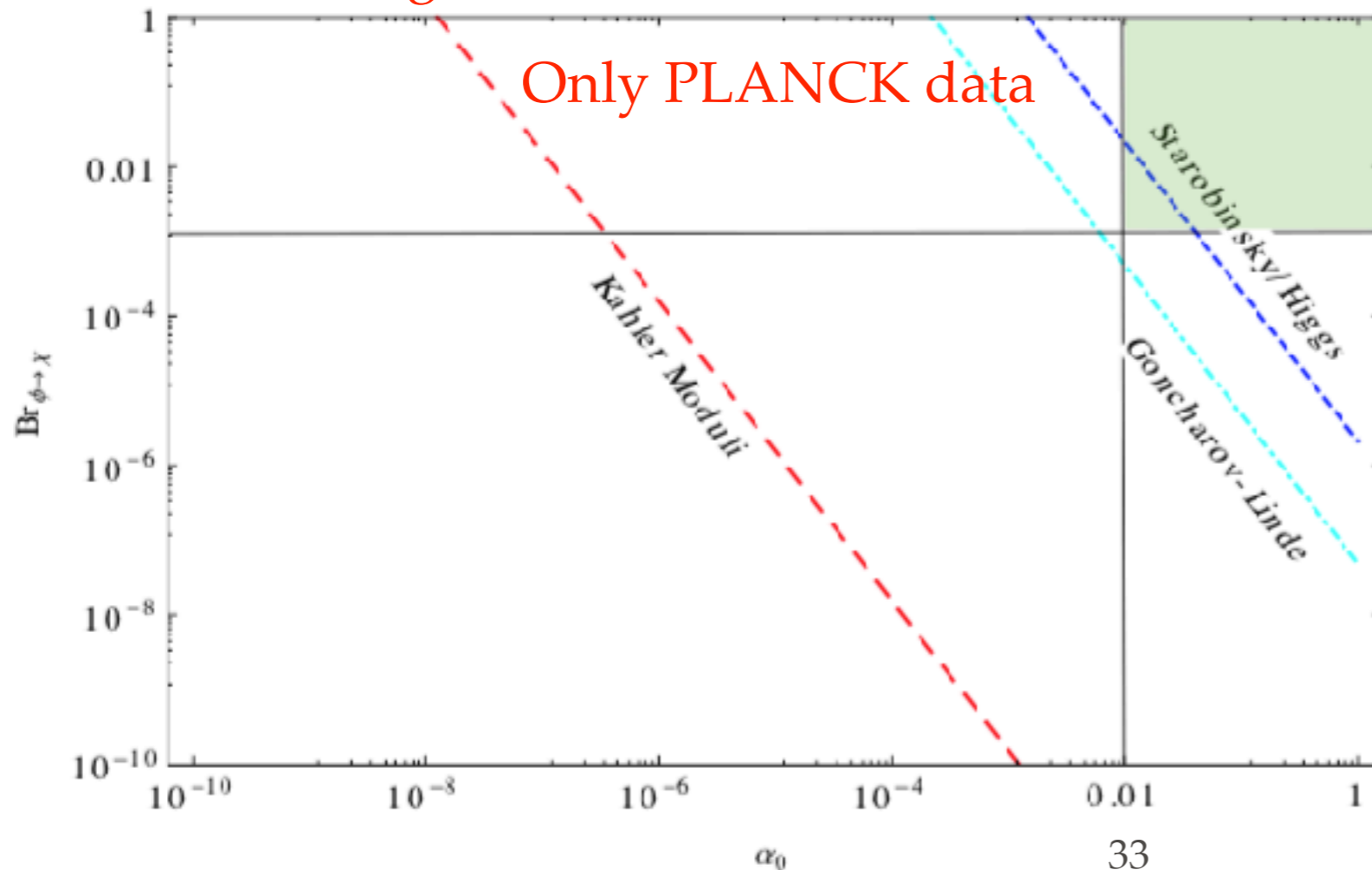
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DM abundance

CMB

right of each line is disallowed

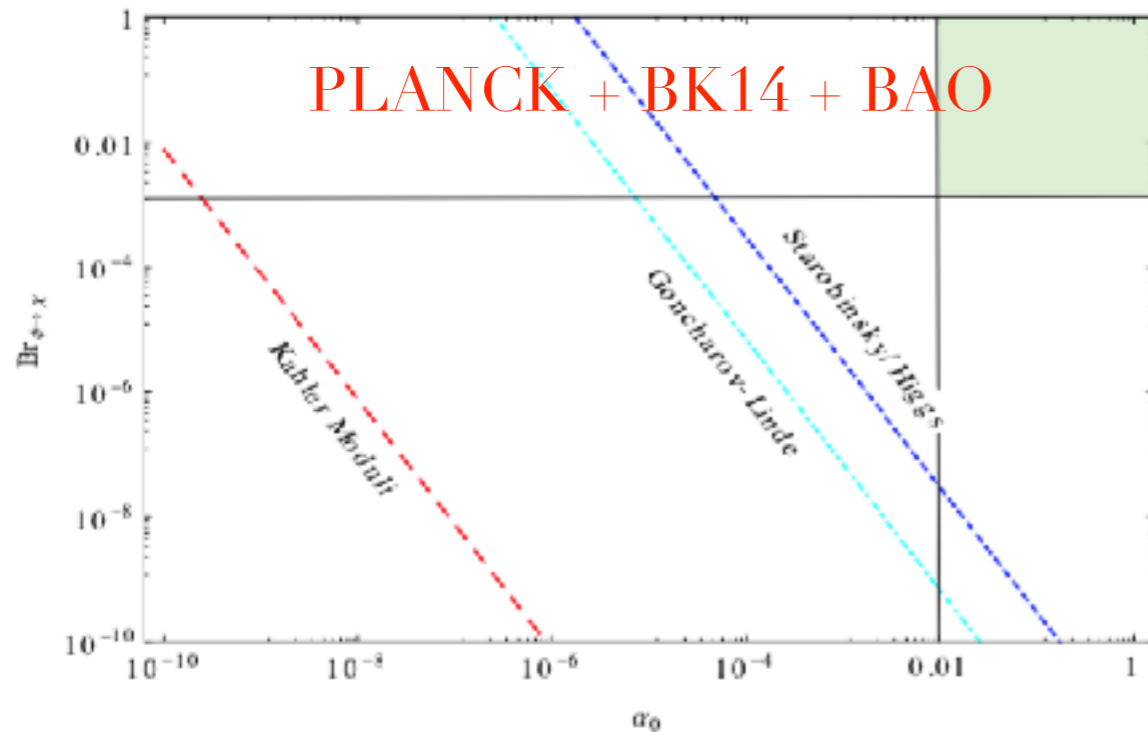
Only PLANCK data



- ❖ The bound is conservative and model independent
- ❖ More inputs of reheating, particle physics models will make the bound stronger

Implications

right of each line is disallowed



❖ Models with $r \lesssim \mathcal{O}(0.01)$ strong constraints

❖ When EMD field is a moduli

$$\varphi_0 \gtrsim \mathcal{O}(0.1)$$

$$\mathcal{O}(10^{-3}) \lesssim \text{Br}_{\phi \rightarrow \chi} \lesssim \mathcal{O}(1)$$

EMD epoch from moduli oscillations is ruled out!

❖ When EMD field is visible sector field: allowed

$$\alpha_0 \ll 1 \quad \text{and/or} \quad \text{Br}_{\phi \rightarrow \chi} \ll 10^{-3}$$

❖ For future experiments, freeze-out/in contributions might be

important $\alpha_0^2 \text{Br}_{\phi \rightarrow \chi} \lesssim 10^{-25}$

Comments

$$N_{k_*} \sim 57.3 + \frac{1}{4} \ln(r) - \Delta N_{reh} - \Delta N_{EMD} \quad \Delta N_{reh} \equiv \frac{1 - 3w_{reh}}{6(1 + w_{reh})} \log \left(\frac{H_{inf}}{H_{reh}} \right)$$

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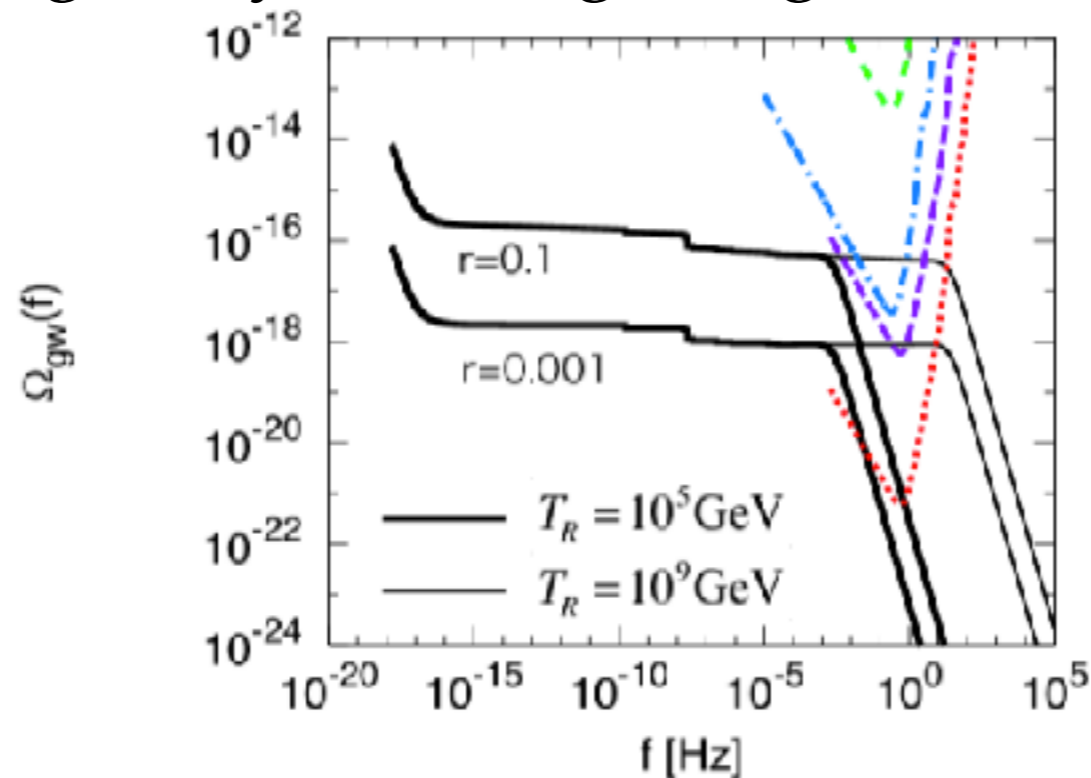
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$$\Delta N_{EMD} \lesssim 57.3 - N_{k_*} + \frac{1}{4} \ln r$$

- ❖ More inputs from reheating will strengthen the bound
- ❖ Future CMB experiments are expected to shrink the error bar on the spectral index by a factor of ~ 2 !
- ❖ In extension of Λ CDM + r model the constraints are going to be weaker!

Why Important?

- ❖ BBN corresponds to 1 pc scales - extremely non-linear scale today
- ❖ Primordial gravity wave signals gets further suppressed due to EMD



Nakayama, Saito, Suwa, Yokoyama

- ❖ Other than particle physics inputs, (probably) correlating with CMB observables is the only way!

Conclusion

- ❖ Viability of non-thermal DM from a period of EMD in light of CMB data
- ❖ We focussed on $\langle \sigma_{\text{ann}} v \rangle_f < 3 \times 10^{-26} \text{cm}^3 \text{s}^{-1}$
- ❖ Lower bound on the duration of EMD from DM abundance, and upper bound from CMB observables
- ❖ Models with $r \lesssim \mathcal{O}(0.01)$ disfavour non-thermal SUSY DM from a modulus-driven EMD.

Thank you!